



New Life

Psychiatric Rehabilitation Association

新生精神康復會

JOCKEY CLUB

**New Life
Institute**

OF PSYCHIATRIC REHABILITATION

賽馬會新生精神康復學院

INTEGRATIVE FAMILY AND SYSTEMS TREATMENT (I-FAST) AND TRAUMA-INFORMED FAMILY PRACTICE

Integrative Family and Systems Treatment (I-FAST) is a treatment model that is developed to work with families that have children with severe emotional and/or behavioral problems. I-FAST is developed with the purpose of developing an evidence-based common factors treatment model that address practice realities of social service agencies, embraces social workers' existing expertise, and empowers the development of expertise at the agency level. Building on evidence based literature regarding effective treatments for this population, I-FAST identifies three core treatment components that can be integrated into a coherent treatment protocol for working with children, adolescents, and families at risk.

FRIDAY

June 30, 2023

9:30 AM - 12:30 PM

2:00 PM - 5:30 PM

**Jockey Club New Life Institute of
Psychiatric Rehabilitation
332 Nam Cheong Street,
Kowloon, Hong Kong**

REGISTER NOW AT :



SPEAKER

Mr. David GROVE

Licensed Independent Social Worker & Licensed Independent Marital and Family Therapist



SPEAKER

Prof. LEE Mo Yee

Professor of Social Work at the College of Social Work of The Ohio State University

**New Life**

Psychiatric Rehabilitation Association

新生精神康復會

JOCKEY CLUB
New Life
Institute
OF PSYCHIATRIC REHABILITATION

賽馬會新生精神康復學院

Course Information

Date	30 June 2023 (Fri)
Time	9:30am - 12:30pm ; 2:00pm - 5:30pm
Venue	Jockey Club New Life Institute of Psychiatric Rehabilitation, 332 Nam Cheong Street, Kowloon, Hong Kong
Course Objectives	<ul style="list-style-type: none"> • To understand trauma-informed care and evidence-based trauma treatments; • To understand the role of family in trauma treatment; • To develop skills in using I-FAST for treating trauma in a family context.
Course Outline	<ul style="list-style-type: none"> • What is Trauma - A neuro-biological-psychosocial perspective • Trauma-informed care • Overview of Evidence-Based Trauma Treatments • Importance of family in trauma treatment • I-FAST skills for treating trauma in a family context
Teaching Methods	<ul style="list-style-type: none"> • Didactic presentations • Review of videotapes of I-FAST sessions, • Exercises • Case consultation
Target Participants	Counsellors, Psychologists, Social Workers and Other Helping Professionals
Quota	35
Fee	HK\$1,600 HK\$1,200 (JCNLIPR Member, Group price, per person and Enroll on or before 19 May 2023)
Enrollment Deadline	16 June 2023 (Fri)
Certificate	“Certificate of Attendance” issued by JCNLIPR
Accreditation	CNE: 1 point per hour CPD (Social Worker): 1 point/ per hour CPD (CP/OT): To be confirmed
Enquiry	Tel: 3552 5290 Email: institute@nlpra.org.hk