

Integrative Family and Systems Treatment (I-FAST) Supervision Training



New Life
Psychiatric Rehabilitation Association
新生精神康復會

JOCKEY CLUB
New Life
Institute
OF PSYCHIATRIC REHABILITATION
賽馬會新生精神康復學院

Integrative Family and Systems Treatment (I-FAST) is a treatment model that is developed to work with families that have children with severe emotional and/or behavioral problems. I-FAST is developed with the purpose of developing an evidence-based common factors treatment model that address practice realities of social service agencies, embraces social workers' existing expertise, and empowers the development of expertise at the agency level. Building on evidence based literature regarding effective treatments for this population, I-FAST identifies three core treatment components that can be integrated into a coherent treatment protocol for working with children, adolescents, and families at risk.



Prof. LEE Mo Yee

Professor of Social Work at the College of Social Work of The Ohio State University



Mr. David GROVE

Licensed Independent Social Worker & Licensed Independent Marital and Family Therapist



27 - 29 June 2023 (Tue - Thu)



**9:30am - 12:30pm
2:00pm - 5:30pm**



**Jockey Club New Life Institute of Psychiatric Rehabilitation,
332 Nam Cheong Street, Kowloon, Hong Kong**



JOIN NOW!



Course Information

Date	27 - 29 June 2023 (Tue - Thu)
Time	9:30am - 12:30pm ; 2:00pm - 5:30pm
Venue	Jockey Club New Life Institute of Psychiatric Rehabilitation, 332 Nam Cheong Street, Kowloon, Hong Kong
Course Objectives	<ul style="list-style-type: none"> • Revisit elements and goals of I-FAST supervision • Supervising micro-skills in interviewing families • Utilizing common factors and common interactional patterns in supervision • Using I-FAST Supervision Rating Form
Course Outline	<ul style="list-style-type: none"> • Elements and goals of I-FAST supervision • I-FAST supervision skills at the beginning, middle, and end treatment stage • Supervision issues related to I-FAST supervision: Supervisory relationship, Supervisee development and Supervisor development • Skills in utilizing different formats of supervision including but are not limited to case consultation and live supervision
Teaching Methods	<ul style="list-style-type: none"> • Didactic presentations • Review of tapes of I-FAST treatment and supervision sessions • Case consultation or using videotapes of treatment and supervision sessions provided by workshop participants
Target Participants	Counsellors, Psychologists, Social Workers and Other Helping Professionals (Completed I-FAST training and taking a leading and supervision role in I-FAST practice)
Quota	24
Fee	HK\$9,200 HK\$8,000 (JCNLIPR Member, Group price, per person and Enroll on or before 19 May 2023)
Enrollment Deadline	16 June 2023 (Fri)
Certificate	“Certificate of Attendance” issued by JCNLIPR
Accreditation	CNE: 1 point per hour CPD (Social Worker): 1 point/ per hour CPD (CP/OT): To be confirmed
Enquiry	Tel: 3552 5290 Email: institute@nlpra.org.hk