

**Family-centered Practice in Mental Health Care:
One-day Workshop on Family Therapy in Mental Health Practice
– Essential Treatment Skills and Interventions**

Trainer

Dr WONG Oi Ling 王愛玲博士

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Dr. Wong has been conducting training and delivering supervision courses in the field of marriage and family therapy for universities, hospitals, and social work agencies since 2000 in Mainland China, Taiwan, Macau and Hong Kong. She has been the Consultant (Family-based Clinical Practice) of New Life Psychiatric Rehabilitation Association providing intensive training and clinical supervision for mental health professionals to apply family-centered approach in mental health social work setting since 2010. Her expertise is primarily in the area of family therapy training, clinical supervision, children and adolescent family, mental health, parental mental illness, and families living with dementia.



**Course
Description**

Because the specific patterns of human interaction in which we are embedded in daily living have a profound influence on our experiences and mental well-being, a shift in focus from the personal to the interpersonal is extremely relevant to psychiatric assessment and treatment. In this interactive workshop, participants will explore some of the complexities of human relationships revolving around clinical mental health problems and initiatives toward solutions. The workshop will provide a systems-oriented framework for inquiring, understanding and intervening patterns of interaction to working relationally with families with mental health challenges. A map that orients both therapists and families in their efforts toward patterns of wellness will be introduced. The ideas of the relational practice approach to mental health care will be richly illustrated with clinical materials.

Course Objectives	<ol style="list-style-type: none"> 1. To acquire a systemic orientation in case formulation; 2. To learn the skills of listening-and-talking relationally; and 3. To distinguish and assess interpersonal patterns of interaction.
Course Outline	<p>Theoretical foundation of family therapy</p> <ul style="list-style-type: none"> ● Family systems theory <p>Basic principles and techniques in family therapy</p> <ul style="list-style-type: none"> ● Systemic assessment ● Patterns of interpersonal interaction ● Process of change ● Therapeutic relationship competencies ● Interventions unique to the systemic family therapist ● Self of family therapist
Medium of Instruction	Cantonese
Training Format	Didactic presentations; clinical video review; group discussion; case consultation

Date	June 23, 2017 (Friday)
Time	9:00am – 5:30pm (7 hours)
Venue	JCNLIPR, 332 Nam Cheong Street, Kowloon
Target Participants	Counsellors, psychologists, social workers and other helping professionals
Fee	HK\$1,080
Special Offer	<ul style="list-style-type: none"> - Group of 2 persons: HK \$980 per person - Early Bird Enroll on / before May 23, 2017: HK \$980 per person - JCNLIPR Member: HK \$980
Quota	30
Certificate	“Certificate of Attendance” issued by JCNLIPR
Accreditation	<p>CNE - 7 points</p> <p>CPD (Social Worker) - 7 points</p>

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