Course No. / 課程編號: 1718/8

## Family-centered Practice in Mental Health Care: Theories, treatment concepts and skills in implementation of Utilizing Family Strengths and Resilience



#### **Trainer**

#### Dr WONG Oi Ling 王愛玲博士

BSocSc, MSocSc, PhD HK; RSW; Consultant (Family-based Clinical Practice) of NLPRA

Dr. Wong has been conducting training and delivering supervision courses in the field of marriage and family therapy for universities, hospitals, and social work agencies since 2000 in Mainland China, Taiwan, Macau and Hong Kong. She has been the Consultant (Family-based Clinical Practice) of New Life Psychiatric Rehabilitation Association providing intensive training and clinical supervision for mental health professionals to apply family-centered approach in mental health social work setting since 2010. Her expertise is primarily in the area of family therapy training, clinical supervision, children and adolescent family, mental health, parental mental illness, and families living with dementia.



# Course Description

The course aims to provide an extensive review of the theoretical foundation of a systemic approach to mental health care and to help participants develop knowledge, skill and confidence in their ability to assess and intervene with families experiencing mental illness in the community setting. Emphasis will be on introducing a family-oriented and strengths-based approach to mental health care. How to facilitate systems collaboration among multiple institutions serving the family will also be addressed.

### Course Objectives

- 1. To acquire a systemic and strengths-based perspective in addressing issues in mental health care
- 2. To provide a good foundation in the theories and treatment concepts of familycentered care in mental health practice
- 3. To develop initial treatment skills in implementing family-centered care with families with mental health issues.
- 4. To apply skills to facilitate systems collaboration among different disciplines or institutions.

Course	<ul> <li>Systemic perspectives and mental health care</li> </ul>
Outline	<ul> <li>Ingredients of family-centered care</li> </ul>
	<ul> <li>Developing a therapeutic relationship with families</li> </ul>
	<ul> <li>Conducting interactional assessment</li> </ul>
	<ul> <li>Identifying strengths and building resilience</li> </ul>
	<ul> <li>Basic family interviewing skills</li> </ul>
	<ul> <li>Multidisciplinary collaboration &amp; skills to work with the larger system</li> </ul>
Medium of Instruction	Cantonese
Training Format	Didactic presentations; Clinical video review; Group discussion; Role-play exercises

Date	June 7, 2017 (Wednesday)
Time	9:00am - 5:30pm (7 hours)
Venue	JCNLIPR, 332 Nam Cheong Street, Kowloon
Target Participants	Counsellors, psychologists, social workers and other helping professionals
Fee	HK\$1,180
Special Offer	<ul> <li>Group of 2 persons: HK \$980 per person</li> <li>Early Bird         Enroll on/before May 7, 2017: HK\$1,080 per person     </li> <li>JCNLIPR Member: HK \$980</li> </ul>
Quota	40
Certificate	"Certificate of Attendance" issued by JCNLIPR
Accreditation	CNE - 7 points CPD (Social Worker) - 7 points