

Course No. / 課程編號 : 1718/7

## CBT-based Supervision Group for Professionals Working with Persons Challenged by Autism Spectrum Disorder (ASD)

### Trainers

Dr. CHAN Won Shing, Raymond 陳穩誠 博士

*Fellow & Registered Clinical Psychologist (Hong Kong Psychological Society); Chartered Psychologist (British Psychological Society)*

Raymond is a retired Senior Clinical Psychologist of Kwai Chung Hospital with over 30 years of clinical experience in both adult and child psychiatry. He has specialized in childhood and adolescence disorders in the recent fifteen years. ASD is one of his special interests. In the past decade, he and his team have been actively developing, practicing and researching CBT-CSCA as a key intervention for ASD.



Ms. LEUNG Nga Wing, Cecilia 梁雅穎 女士

*Registered Clinical Psychologist (Division of Clinical Psychology, the Hong Kong Psychological Society)*

Cecilia is a Clinical Psychologist currently working in the Jockey Club iREACH Social Competence Development Center. She has developed specialized interests in serving persons challenged by ASD since her clinical training. After joining iREACH, she has been intensively working with adolescents with ASD, through rendering individual-based and group-based interventions.



### Course Description

The prevalence of ASD is on an increasing trend (CDC, 2014) and the service demands are expanding rapidly. Different educational, clinical and rehabilitation professionals have to get well-equipped to meet this rising population. Working with people challenged by ASD calls for multiple knowledge and skills ranging from individual, family to group. There are various interventions for ASD and only a few have good evidence base (Lai, Lombardo & Baron-Cohen, 2014). Intensive behavioural approach has been proven to be effective for young children with ASD and for adolescents and adults; cognitive training is found to play an essential complementary role (Chan, Lo & Tang, 2014). Through this group, practical knowledge and skills in both approaches grounded on CBT framework will be disseminated via a group supervision format.

<b>Course Objectives</b>	<ol style="list-style-type: none"> <li>1. To enhance the clinical skills in working with individuals across different ages challenged by ASD</li> <li>2. To acquire an all-round knowledge and skills in developing, conducting and evaluating social competence and other related groups for ASD</li> </ol>
<b>Training Format</b>	Supervisees are expected to take turn to present ASD cases or group sessions for consultation and group learning. In each session, 2 to 3 cases or group sessions will be arranged. To complement learning, didactic presentations, case illustrations and skills practice will also be provided by the trainers.

### Course Information

Date	Session 1: 23 May, 2017 (Tuesday) Session 2: 27 June, 2017 (Tuesday) Session 3: 25 July, 2017 (Tuesday) Session 4: 29 August, 2017 (Tuesday) (A total of four sessions)	Target Participants	Teachers, social workers and other helping professionals who work with people challenged by ASD
Time	9:30 am to 12:30 pm (3 hours per session)	Fee	\$1,600 for 4 sessions
Venue	JCNLIPR	Quota	20
(Priority will be given to those who have attended the CBT-CSCA Professional Training conducted by iREACH)			

Organized by: **Jockey Club iREACH Social Competence Development Center**

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